

Pot Holder Emergency Kit

- ♥ 1 square potholder with loop for hanging (square, with loop in middle of one edge)
- ♥ 1 round button (approximately 1 inch or to fit loop which will act as button hole)
- ♥ thread to match potholder
- ♥ Sewing Machine
- ♥ Scissors
- ♥ Extension cord (you might need it, depending where your electrical source is)
- ♥ 6 good quality zipper sandwich bags

Suggested kit items*

1. 24" of each red, black, white and navy thread (wind on small piece of cardboard)

folding scissors or small scissors

small tape measure

thimble

2 or 3 buttons (for replacements)

2. Shout wipe (single pack)

Antibacterial wipe (single pack)

Small emery board/nail file

3. 2 band aids

1 single pack of triple antibiotic ointment (like Neosporin)

4. 1 alcohol prep pad/wipe

Miniature bottle/container of instant hand sanitizer

5. 2 Ibuprofen (watch expiration dates on medical items)

2 antacid tablets

2 heartburn tablets

18-24" dental floss

6. 1 ballpoint pen

2 small adhesive note pads

Sew the button securely on the outside edge opposite the loop to use it as a buttonhole in order to close your kit. Mark the center of the pot holder from one edge to the other. Measure the zip bags so they will be 1 ¾ " deep when sewing is finished (do not cut the excess off yet). Sew 3 zip bags ½ inch from the center of the pot holder on both sides of the pot holder (the bags will be very slippery). Make sure that the bags are securely attached to the pot holder. Cut excess (end of bag, not zip side) leaving approximately 1/4 " of raw edge. Fill each of the six bags with the items above and voila!--you have a small and handy emergency kit. *May want to add small screwdriver and tweezers.