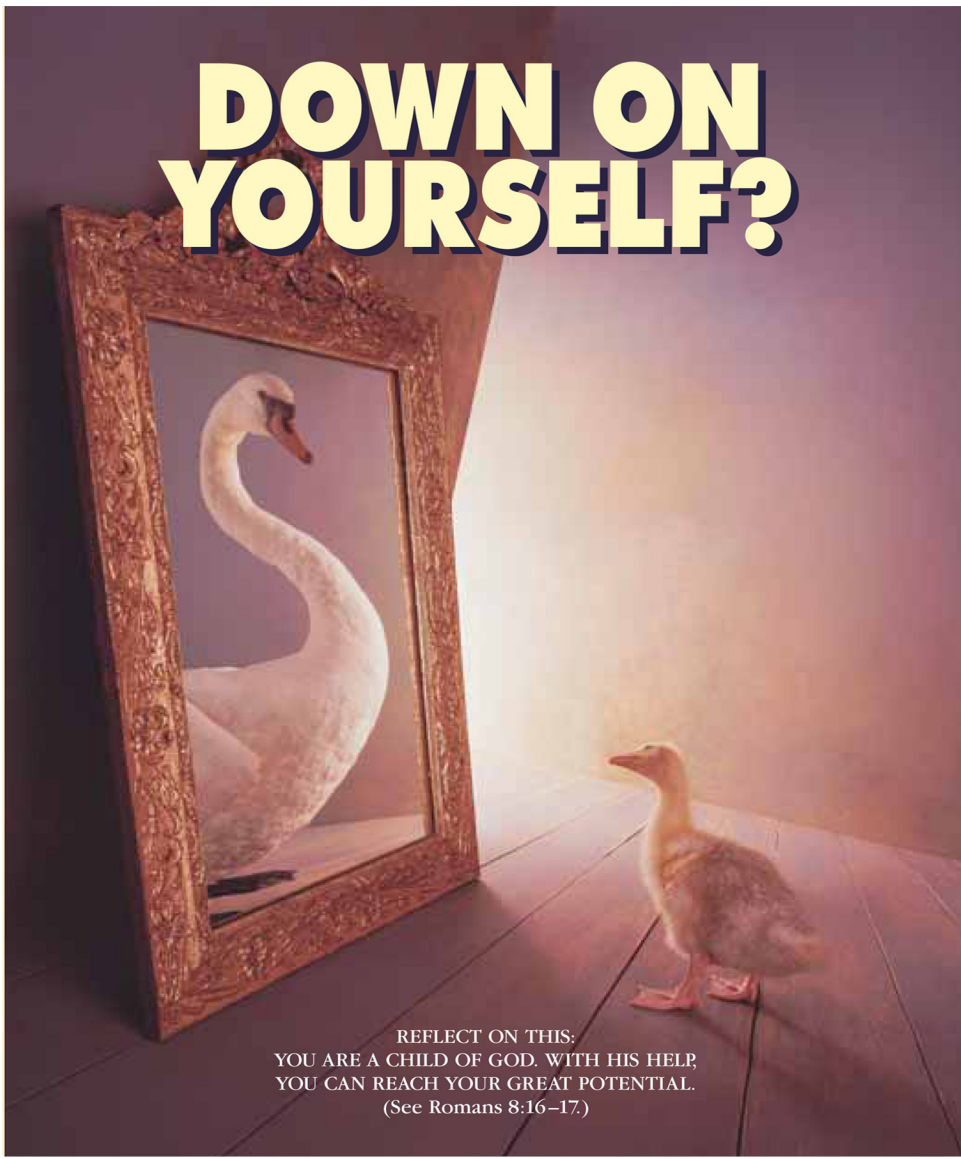


DOWN ON YOURSELF?



REFLECT ON THIS:
YOU ARE A CHILD OF GOD. WITH HIS HELP,
YOU CAN REACH YOUR GREAT POTENTIAL.
(See Romans 8:16-17.)

YOU ARE UNIQUE



AND YOU ARE NOT LOST IN THE CROWD.
YOU ARE KNOWN AND LOVED BY YOUR FATHER IN HEAVEN.
(SEE D&C 76:24.)