

Encouraging Personal Progress

PRINCIPLE	The example and the encouragement of the class presidency and Young Women leaders motivate young women in the Personal Progress program.
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GOALS	Help class leaders— <ol style="list-style-type: none">1. Understand how Personal Progress can help young women increase spirituality and prepare to “come unto Christ.”2. Understand their specific responsibilities in encouraging use of the Personal Progress program.
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MATERIALS	Doctrine and Covenants, <i>Personal Progress</i> , pencils, and paper.
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SUGGESTED STUDY STEPS

Step One	Use the temple sketch, the picture of the Savior, and the the Young Women General Presidency’s message—“A Daughter of God” (see <i>Personal Progress</i> , overleaf, pp. 1, 4–5) in reviewing the purpose of Personal Progress.
Step Two	Discuss the following questions: When you reach a goal that has been hard for you to achieve, how do you feel? If someone recognized your accomplishments, would you be encouraged to try other difficult goals?
Step Three	In <i>Personal Progress</i> , page 88, read the first two paragraphs of “A Message to Young Women Leaders.” Also read “Acknowledgment of Progress and Recognition” on page 92. Discuss what specific things class presidencies can do to encourage class members to participate in the Personal Progress program. Include the following responsibilities and list them on the chalkboard: <ol style="list-style-type: none">1. Be a good example by consistently working on your Personal Progress.2. Continually be alert to the need for young women to share Value Experiences and Projects and provide opportunities for them to do so.3. Set class goals that will assist the young women in their individual progress.4. Sign for Value Experiences completed by young women in your class (president only) when requested.
Step Four	Read Doctrine and Covenants 108:7. Discuss ways this scripture would help class leaders fulfill the responsibilities listed in Step Three.
Step Five	Discuss the importance of class leaders setting an example by preparing to receive the age-group recognitions and the Young Womanhood Recognition. Add this to the list made in Step Three.

FOLLOW UP	Help class leaders plan times for sharing in the class. They can be as simple as having a young woman tell of her progress with a Young Women Value. Encourage the presidency to be more aware of progress and give sincere compliments to class members.
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